



# California Medicine

THE WESTERN JOURNAL  
OF MEDICINE

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Subscription prices, \$8 (\$9 for foreign countries); student subscription \$4; single copies 80 cents.

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### CONTRIBUTIONS OF "LETTERS TO THE EDITOR"

The Editorial Board will be glad to receive and consider for publication letters containing information of general interest to physicians throughout the State or presenting constructive criticisms on controversial issues of the day.

"Entered as second class matter at the post office in San Francisco and additional mailing offices under the Act of March 3, 1879." Acceptance for mailing at special rate of postage provided for in Section 1103, Act of October 3, 1917, authorized August 10, 1918.

# Proposed CMA Constitutional Amendments

## FOR ACTION IN 1974

Four Constitutional amendments were introduced in the 1973 House of Delegates. Under the terms of the Constitution, these amendments must lie on the table until the next regular meeting of the House of Delegates.

These proposed amendments are shown here for the information of the membership. In addition, the proposed Constitutional amendments are required to be printed in two issues of CALIFORNIA MEDICINE before they come before the House of Delegates for action.

\* \* \*

### ARTICLE IV, SECTION 6—BENEVOLENCE FUND

Introduced by: Council

Representing: Council

Author: John T. Saidy, MD

#### Constitutional Amendment 1-73 Committee G

**Resolved:** That Article IV, Section 6.—Benevolence Fund, be amended by deleting the words in brackets, and adding the words in italics, so that the section shall now read:

"At least [\$1.00] *\$0.50* out of the annual dues paid by each active member of the Association shall be allocated to the Physicians' Benevolence Fund, Inc., a Corporation, and shall be used for the purposes as set forth in that Corporation's Articles and Bylaws."

*ACTION: Tabled for one year; to be acted upon at the 1974 meeting of the House of Delegates.*

\* \* \*

### FORMATION OF NEW COUNCILOR DISTRICT

Introduced by: 11th District Delegation

Author: John R. Heckman, MD

#### Constitutional Amendment 2-73 Committee G

**Resolved:** That Article III, Part B, Section 10 of the CMA Constitution be amended as follows: (deletions in brackets, additions in italics)

### Section 10.—Councilor Districts

There are [12] *13* Districts as follows:

District Number One, comprising San Diego and Imperial Counties.

District Number Two, comprising Riverside, San Bernardino, Mono and Inyo Counties.

District Number Three, comprising Orange County.

District Number Four, comprising the County of Los Angeles.

District Number Five, comprising Ventura, Santa Barbara and San Luis Obispo Counties.

District Number Six, comprising Alpine, Amador, Kern, Kings, Tulare, Fresno, Madera, Mariposa, Merced, Stanislaus, San Joaquin, Calaveras and Tuolumne Counties.

District Number Seven, comprising Monterey, San Benito, Santa Cruz, Santa Clara and San Mateo Counties.

District Number Eight, comprising San Francisco County.

District Number Nine, comprising Alameda County and Contra Costa County.

District Number Ten, comprising Marin, Solano, Napa, Sonoma, Lake, Mendocino, Humboldt and Del Norte Counties.

District Number Eleven, comprising Sacramento *and* El Dorado, [Placer, Nevada, Sierra, Yuba, Sutter, Yolo, Colusa, Glenn, Butte, Plumas, Tehama, Trinity, Shasta, Lassen, Modoc and Siskiyou] Counties.

District Number Twelve, *comprising Placer, Nevada, Sierra, Yuba, Sutter, Yolo, Colusa, Glenn, Butte, Plumas, Tehama, Trinity, Shasta, Lassen, Modoc and Siskiyou Counties.*

*District Number Thirteen, consisting of any society which is not limited as to geographical area, or the area of which overlaps the area covered by one or more existing component societies;*

such society and its members shall not be considered to be members of any other councilor district.

*ACTION: Tabled for one year; to be acted upon at the 1974 meeting of the House of Delegates.*

\* \* \*

**ARTICLE IV, SECTION 6—"BENEVOLENCE FUND"**

Introduced by: Reference Committee "G"

**Constitutional Amendment 3-73**  
Committee G

Whereas, the Benevolence Fund is now at sufficient size that it is self-supporting; and

Whereas, the addition of new monies to the Benevolence Fund is more properly placed in the immediate control of the House of Delegates as in the matter of dues; now, therefore, be it

**Resolved:** That Article IV, Section 6.—Benevolence Fund—be deleted in its entirety (deletion in brackets) as follows:

[At least \$1.00 out of the annual dues paid by each active member of the Association shall be allocated to the Physicians' Benevolence Fund,

Inc., a Corporation, and shall be used for the purposes as set forth in that Corporation's Articles and Bylaws.]

*ACTION: Tabled for one year; to be acted upon at the 1974 meeting of the House of Delegates.*

\* \* \*

**ARTICLE III, PART A, SECTION 1(d)—VOTING PRIVILEGES FOR SCIENTIFIC BOARD REPRESENTATIVES IN THE HOUSE OF DELEGATES**

Introduced by: Council

**Constitutional Amendment 4-73**  
Committee G

**Resolved:** That Article III, Part A, Section 1 (d)—House of Delegates composition shall be amended by deleting the words in brackets and adding the words in italics, so that this Subsection shall now read:

"(d) Ex officio, [without] *with* the right to vote, [eighteen (18)] *twenty-one (21)* members of the Scientific Board selected as provided in the By-laws, and . . ."

*ACTION: Tabled for one year; to be acted upon at the 1974 meeting of the House of Delegates.*

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#### ASSOCIATES WANTED

**BOARD CERTIFIED INTERNIST** with formal training in Cardiology desires association with Board Certified or Board Eligible Internist who may or may not have sub-specialty credentials. Good facilities for a second physician in a Southern California community where quality medicine is practiced. Write: California Medicine, 693 Sutter St., Box 9359, San Francisco, Ca. 94102.

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#### SITUATIONS WANTED

**OB/GYN**, 32, married, board eligible, 4 year L.A. County/USC residency, extensive experience in laparoscopy, fetal monitoring, family planning, abortion, perinatal research. Seeks position leading to partnership on completion of military obligation July 1974. Prefer coastal Northern California. Richard L. Fischer, M.D., 2431A 24th Loop, Kirtland AFB, New Mexico 87116.

**32-YEAR-OLD, BOARD ELIGIBLE, JUNIOR FELLOW ACOG**, university trained with extensive experience in all areas of OB-GYN, particularly laparoscopy, fetal monitoring, colposcopy and oncology desires location in the northern California area. Presently active duty military, available August 1974. Address as of 1 September 1973 will be James D. Perry, MD, MAJ, MC, USA, c/o Department of OB-GYN, U.S. Army Hospital, Ft. Carson, Colorado Springs, Colorado.

**RADIOLOGIST**, Board Certified, licensed California. Seeking one half to three-quarters time position diagnostic work. Highly qualified and experienced. Prefer metropolitan area or smaller community near cultural opportunities. Please indicate details of type of practice, financial arrangements to California Medicine, 693 Sutter St., Box 9360, San Francisco, Ca. 94102.

**LAB AND X-RAY TECHNOLOGIST**: California license in both. 21 years experience in charge of both departments in 33-bed general hospital. References on request. Leonard Brusch, 744 Washington St., Delano, Ca., (805) 725-8244.

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## BOOKS RECEIVED

*Books received by CALIFORNIA MEDICINE are acknowledged in this column. Selections will be made for more extensive review in the interest of readers as space permits.*

**SURGERY IN WORLD WAR II—Orthopedic Surgery in the Zone of Interior**—Prepared and published under the direction of Lieutenant General Hal B. Jennings, Jr., The Surgeon General, United States Army. Editor-in-Chief: Colonel William S. Mullins, MSC, USA; Editors for Orthopedic Surgery: Mather Cleveland, MD, and Alfred R. Shands, Jr., MD; Associate Editor: Elizabeth M. McFetridge, MA. Office of the Surgeon General, Department of the Army, Washington, D.C., 1970. 1099 pages, \$12.25. For sale by the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. (20402).

**MINIMAL CEREBRAL DYSFUNCTION IN CHILDREN**—Edited by Stanley Walzer, MD, Assistant Professor of Psychiatry, Harvard Medical School; and Peter H. Wolff, MD, Professor of Psychiatry, Harvard Medical School. Grune & Stratton, Inc., 111 Fifth Avenue, New York City (10003), 1973. 117 pages, \$7.50.

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## SEX AFTER 60, 70, 80 OR 90

A common sexual myth is that sexual desire and ability decrease markedly after the age of 40 to 50.

Marital coitus among older men occurs considerably more frequently than is commonly realized. About three-fourths of all men between the ages of 65 and 69 experience satisfactory coition, as do about 60 percent of those between the ages of 70 and 74, and 48 percent of those between the ages of 75 and 92.

The sexual drive of older people generally follows their overall pattern of health and physical performance. Seven out of ten healthy married couples who are 60 or over are sexually active. The consistent clinical observation is that in both men and women the ones with the strongest sex drive during youth retain the greatest sex drive and virility in old age. Another means of retaining vigorous sexual capacity is a consistent pattern of sexual intercourse through the years of marriage. Once interest is allowed to wane, it is difficult to rekindle.

Studies of older men show that frequency of marital intercourse ranges from one to four times a month, with about 25 percent engaging in coitus four times a month. . . . Over 90 percent of the older men studied reported no physical disability that interfered with frequency of sexual activity. The factors that most often deter sexual activity in older people are psychological—a feeling of shame and guilt for having sexual needs and drives and the erroneous notion that older men are naturally unable to perform sexually. . . .

There is little evidence that aging produces any decline in the sexual capacity of women until possibly quite late in life. Apparently women struggle through the years of marriage (with some success) to throw off the inhibitory shackles forged by the taboos of their early sex education. Once they reach their maximum sexual peak between the ages of 31 and 40, they maintain this level. By this time, however, the husband's interest in sexual intercourse typically begins to slacken with the unfortunate result of all-around frustration that frequently leads the wife to seek out other means of sexual gratification (e.g., masturbation and nocturnal dreams involving orgasm). Older women, like older men, are quite capable of sexual intercourse and other forms of sexual activity. About seven-eighths of all women aged 50, and 70 percent of those aged 60 continue to have intercourse with their husbands. Even of those women who no longer have husbands, 37 percent of the 50-year-olds, 29 percent of the

55-year-olds, and 12 percent of the 60-year-olds continue to experience coitus.

Many women past 60 avoid having an orgasm because of the painful uterine cramping they often experience afterward. This pain can be relieved by taking the proper combination of estrogen and progesterone to correct the imbalance in the sex steroid level caused by the aging process. However, despite some obvious and predictable physical changes resulting from aging, there are apparently no physiological factors that should prevent a woman in her postmenopausal years from continuing satisfactory sexual expression with the same frequency of her younger years.

—JAMES L. MCCORY, PH.D., Houston  
Extracted from *Audio-Digest General Practice*, Vol. 18, No. 9, in the Audio-Digest Foundation's subscription series of tape-recorded programs. For subscription information: 619 S. Westlake

(Continued from Page 48)

**COMPUTER TECHNIQUES IN BIOMEDICINE AND MEDICINE—Simulation and Modeling, Health Care, and Image Processing**—Enoch Haga, PhD, Editor, Co-editor, "Automedica," Gordon and Breach, Science Publishers, New York and London; Robert D. Brennan, MS, Coordinating Editor, Industry Development Specialist, Data Processing Division, International Business Machine Corporation; Mario Ariet, PhD, Coordinating Editor, Director, Computer Sciences Division, J. Hillis Miller Health Center, University of Florida; and Josep G. Llauro, MD, Technical Editor, Co-editor, "Automedica," Biomedical Engineering Group, Marquette University and the Medical College of Wisconsin. Auerbach Publishers Inc., 121 North Broad Street, Philadelphia (19107), 1973. 358 pages, \$24.95.

**DEVELOPMENT AND DISORDERS OF WRITTEN LANGUAGE—Volume II—Studies of Normal and Exceptional Children**—Helmer R. Myklebust, University of Illinois at Chicago Circle, Grune & Stratton, Inc., 111 Fifth Avenue, New York City (10003), 1973. 266 pages, \$10.75.

**A DOCTOR DISCUSSES LEARNING HOW TO LIVE WITH HEART TROUBLE**—Arthur J. Snider in consultation with I. J. Adatto, MD, Fellow, American College of Cardiology, American College of Chest Physicians and Council of Clinical Cardiology, American Heart Association; Attending staff and former director, Coronary Care Unit, Lutheran General Hospital, Park Ridge, Ill. Budlong Press Company, 5428 N. Virginia Avenue, Chicago (60625), 1973. 125 pages, price based on total number of books ordered: Lot of 25: 95¢ per book; Lot of 100: 85¢ per book; Lot of 250: 80¢ per book; Lot of 500: 75¢ per book.

**A DOCTOR'S ODYSSEY**—J. M. Sanchez-Perez, MD, Exposition Press, Inc., 50 Jericho Turnpike, Jericho, NY (11753), 1973. 310 pages, \$7.50.

**THE HANDY HOME MEDICAL ADVISER AND CONCISE MEDICAL ENCYCLOPEDIA—Revised Edition**—Morris Fishbein, MD, Editor, "Medical World News, Excerpta Medica," columnist and editorial adviser of "Family Health," and Medical Editor of Encyclopaedia Britannica "Book of the Year." Doubleday & Company, Inc., 227 Park Avenue, New York City (10017), 1973. 410 pages, \$5.95.

**AN ILLUSTRATED HISTORY OF BRAIN FUNCTION**—Edwin Clarke, MD, FRCP, Head, Department of the History of Medicine, University College, London; and Kenneth Dewhurst, D Phil, MRC Psych, DPM, Fellow of Linacre College, Oxford, Consultant Psychiatrist, St. Albans. University of California Press, 2223 Fulton Street, Berkeley (94720), 1973. 162 pages, \$14.

**ILLUSTRATED HUMAN EMBRYOLOGY—Volume II—Organogenesis**—H. Tuchmann-Duplessis, MD, PhD, Professor, University of Paris Medical School, Paris; and P. Haegel, MD, Assistant Professor, University of Paris Medical School. Springer-Verlag New York, Inc., 175 Fifth Avenue, New York City (10010), 1972. 154 pages, \$8.90 (Paperback).

**THE JACK SPRAT COOKBOOK—Or Good Eating on a Low-Cholesterol Diet**—Polly Zane; Foreword by Campbell Moses, MD, Medical Director of the American Heart Association. Harper & Row, Publishers, Inc., 10 East 53rd Street, New York City (10022), 1973. 497 pages, \$10.95.

**LICIT AND ILLICIT DRUGS—The Consumers Union Report on Narcotics, Stimulants, Depressants, Inhalants, Hallucinogens, and Marijuana—including Caffeine, Nicotine and Alcohol**—Edward M. Brecher and the Editors of "Consumer Reports." Consumers Union, Mount Vernon, NY, 623 pages, \$4.00 (Paperback).

**MEDICAL CURE AND MEDICAL CARE—Prospects for the Organization and Financing of Personal Health Care Services**—Edited by Spyros Andreopoulos, Information Officer, Stanford University Medical Center, Milbank Memorial Fund, 40 Wall Street (59th floor), New York City (10005), 1972. 251 pages, \$3.00 (Paperback).